

Interleukin 2, Serum

Test ID: FIL2M

Explanation: Effective October 19, 2026, test ID FIL2M, referred to ARUP Laboratories, will reflect the following changes:

Current Specimen Required
Collection Container/Tube: Serum gel or red top Submission Container/Tube: Plastic vial Specimen Volume: 1 mL Serum Collection Instructions: 1. As soon as possible or within 2 hours of collection, centrifuge and aliquot 1 mL of serum into a plastic vial. 2. Send frozen. Note: Separate specimens must be submitted when multiple tests are ordered. Cytokine levels may demonstrate diurnal variation. For longitudinal comparison, it is recommended that cytokine levels be determined at the same time of day.

New Specimen Required
Collection Container/Tube: Serum gel or red top Submission Container/Tube: Plastic vial Specimen Volume: 1 mL Serum Collection Instructions: 1. Within 2 hours of collection, centrifuge and aliquot 1 mL of serum into a plastic vial. 2. Freeze within 30 minutes and send frozen. Note: Critical frozen. Separate specimens must be submitted when multiple tests are ordered.

Current Specimen Stability		
Specimen	Temperature	Time
Varies	Frozen	365 days

New Specimen Stability		
Specimen	Temperature	Time
Serum	Frozen	365 days

Questions:

Contact MCS Referrals Supervisors Amy Bluhm or Heather Hilgart at 800-533-1710.